

Sons of the Immaculate Heart of the Blessed Virgin Mary

Semi-Contemplatives of Perpetual Adoration of the Most Holy Sacrament

Claretian Missionaries, C.M.F.

Fatima, Portugal

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THE FOUR-FOLD AIM OF THIS CLARETIAN FOUNDATION

I) Perpetual Adoration of the Most Holy Sacrament

1. As a perennial thanksgiving to God for having made Saint Anthony Mary Claret a living tabernacle of the Most Holy Eucharist. ("When I was praying in the Church of the Rosary, in La Granja, on the 26th of August, at 7 o'clock in the evening, Our Lord granted me the great grace of retaining the sacramental species. Day and night I have the Most Holy Sacrament in my breast. For this reason, I must always be recollected and devoted to Him Who abides so intimately within me. Moreover, I must pray and fight the evils gaining prevalence in Spain, as Our Lord has told me. To this end, He has brought to my memory many important things, all without merit on my part, without talent of mine, and without respect of persons. God has raised me from the lowest class of people to the most elevated position, first to the side of earthly kings, and now to the side of the King of Heaven. Glorificate et portate Deum in corpore vestro, I.Cor.6;20" --Autobiography, Chapter XVIII, of Part III)

2. Praying for the sanctification and thorough prosperity of our Congregation of the Missionary Sons of the Immaculate Heart of Our Blessed Virgin Mary.

3. As an atonement and reparation for all the spiritual deficiencies of our Congregation.

4. To counteract all the moral evils of the present-day in the world, as mentioned following in Section III.

II) Perpetual Veneration of the Immaculate Heart of Mary, Our Blessed Mother, the main Patroness of our Claretian Congregation, praying incessantly, and above all, for the increase of filial love in all Claretians towards Her; and that our thorough filial consecration to Her be the best means after God and in God for our Sacred Ministry in the salvation of all souls of the entire world.

III) Prayer. ("In the Church of the Rosary, in La Granja, near Segovia, on August 27th, during Benediction of the Blessed Sacrament, which I gave after Mass, Our Lord enlightened me in regard to the three evils menacing Spain, which are: Protestantism--or rather the decrease of the Catholic spirit--the Republic, and Communism. In order to counteract these evils, Our Savior made me understand that three devotions had to be intensified, namely, the Trisagion Ss Trinitatis, devotion to the Blessed Sacrament, and devotion to the Holy Rosary. The Trisagion is to be said daily. As for the devotions to the Blessed Sacrament, Mass must be heard and Holy Communion received, sacramentally and spiritually. The three parts of the Rosary should be said every day, or at least one part, while meditating on the mysteries for each decade, and applying the prayers to the needs of the times." --Autobiography, Chapter XVIII, of Part III)

1. The Trisagion. "The Trisagion is to be said daily." (Autobiography, Part III, Chapter XVIII). The semi-contemplative Claretians will say it every day at 4:30 p.m., imitating our Holy Father Founder, who used to recite it at this time every afternoon.)
2. Devotion to the Blessed Sacrament. This is the primary aim of the Claretian semi-contemplatives, by their having Perpetual Adoration of the Most Blessed Sacrament. (Number 4 of Section I of this Charter fulfills fully this recommendation of Our Divine Savior to Our Holy Father Founder.)
3. Devotion to the Holy Rosary. The Claretian semi-contemplatives shall recite the three parts of the Holy Rosary every day.
4. Daily Via Crucis and Via Matris.
5. The daily chanting of the Little Office of the Blessed Mother to fulfill the desires of Saint Anthony Mary Claret, who wanted the Novices, and even the students during their vacations, to recite the Little Office for vocations to our Congregation.

IV) Mortification as a means for abundant fruit in the Apostolic Ministry of our Claretian Missionaries. ("On September 4, 1859, at 4:25 a.m., Jesus Christ said to me: 'You have to teach your Missionaries mortification in eating and drinking, Anthony.' And a few minutes later the Blessed Mother added: 'Thus they will reap fruit in souls, Anthony.'" --Autobiography, Part II, Chapter XXV, On Mortification)

1. By the perfect observance of our Holy Constitutions, omni cura possibili (with all possible care).
2. By the exact keeping of the timetable of our semi-contemplative community.
3. By refraining from any worldly amusement, particularly no television set within the limits of the community house and grounds.
4. By bodily penance: bodily scourging is recommended upon awakening in the morning and upon retiring at night. And other

means of mortification as practiced by Saint Anthony  
Mary Claret.

5. By obligatory work for all the semi-contemplatives, from  
the superior to the last in the community.

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